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Thus aḍð–, "dig," is allowed when a word for "pit" is used with it, but forbidden when used with a word meaning "woman," in which case it means "rape;" so also kuʃt–, "pluck up by the roots," which with a word for woman means "rape." The word nuṛtj–, "make walk," is permitted when uṛ, "buffalo," is compounded with it in the sense "drive bufialoes on migration" or "pay a buffalo as a fine for pollution of the dairy,"[10] or when in combination with a word for "bead" it means "string (beads)," or in other uses not involving indecency; when a word for "woman" is used with it, it means "have sexual intercourse with" and is forbidden. So also the very common verb puʃj–, "seize, take," which with a word for woman means "have sexual intercourse with." The stem oɪj–, "become," is very frequent, usually in compounds; when used by itself, it means "menstruate" and is forbidden. The word poɪtj–, "shout" is forbidden in the sense "(woman) cries out during sexual intercourse." Again aɪvaɪ is an imperative with literal meaning "in that direction-seize." It usually is found in contexts where it means "take this and hold it stretched out that way;" it is forbidden in this sense since the same utterance can also mean as applied to a woman "have sexual intercourse in animal position." It can also be used as an exclamation "nonsense!" and this use is not forbidden. In the same way puṇ, "gold bangle in a dairy," is forbidden when used in the sense "privates of a young girl." Similarly poɪθj, "moss," may not be mentioned since a variety of moss is used during menstruation as a sanitary napkin. Women are tattooed and any reference to the process of tattooing or to the markings is forbidden. The word for "tabooed words," kɪɪpoṇt, lit. "inferior-words," is itself tabooed.

[841] [304]

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These language taboos produce an interesting result in the field of social habits. Wordy quarrels about marriage arrangements, the financing and details of ceremonies, and other affairs are very common among Toda men. These quarrels most frequently take place at the large gatherings at ceremonies of all kinds. Since on most such occasions, especially at funerals, many women are present, the probable presence of ɪɪɯdmortkvæɪdvoj or poʃjoɪʃ within hearing prevents the use of indecent language by the quarrelers. My informants tell me that this is the rule also in quarrels at purely male gatherings; evidently indecency has not become an element in abuse under any circumstances, since its prohibition in some circumstances has prevented the growth of a habit. I am also told that quite recently, with the relaxing of all taboos and the example of Tamil speakers, a certain amount of indecency has crept into the language of abuse.

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[10] See Rivers, pp. 293–305.

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TODA MENSTRUATION PRACTICES*

By

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841 121 The Todas of the Nilgiris in South India in the regulations governing women during menstruation are as peculiar as in many other of their institutions. In the account of their regulations which is presented in this paper this will be shown by reference to the regulations of the communities surrounding them.

841 171 During this period Toda women are not secluded, as they are by the Kotas and Badagas of the Nilgiris and by most other communities of India. They remain in the one-room houses of the tribe and no restrictions are placed on their contacts with ordinary men. Sexual intercourse is forbidden, but other physical contacts are allowed. E.g. they may sit on the same seat as a man and may assist a man or be assisted by him in dressing the hair, bathing etc. Contact is always avoided even in the woman's normal state [602] [614] with a man of the same patrilineal sib or with a man of the same matrilineal line,[1] but during menstruation no further restrictions are imposed. They cook as usual ; this again is in marked contrast with the practice of other communities of India. The taboo on sexual intercourse during a woman's [684] menstrual period is apparently broken at times ; no penalty is applied either to the man or to the woman if such breach is discovered. A man however [793] who has had such intercourse may not become a dairyman-priest until after [234] the next new moon.

841 798 234 The period involves however an even stricter seclusion from contact with the dairy-complex than is usually enjoined on the Toda women. The restriction on a man's becoming a priest after intercourse with a menstruating woman has just been mentioned. Normally women may drink buttermilk [962] from the dairies, and it is the women's task to take receptacles to the line of stones marking off the houses, or profane part of the munds,[2] from the dairy and its grounds, in order that the priest may fill them with buttermilk. Both these practices are forbidden for menstruating women. Even during their

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[122] * This paper was written during receipt of aid from the American Philosophical Society (Penrose Fund), to which I must acknowledge my gratitude.

[113] 1. See my paper "Toda marriage regulations and taboos" in *American Anthropologist* 39. 103-12.

2. A mund is any place where the Todas live or carry on tribal activities which are localised, e.g., funerals or dairy operations. In my paper "Toda culture thirty-five years after" in *Annals of the Bhandarkar Oriental Research Institute* Vol. XIX, [361] pp. 101-121, I have outlined the nature of the munds and have shown that those at [328] which the people live are typically made up of two parts, a dairy-complex which is [916] a god, and a profane part where the houses are.

[p. 82]

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normal period they must be careful not to touch the priest while he is exercising his priestly duties; e.g. when a woman takes the vessel to the line of stones, she sets it down on the ground and retreats a few paces and the priest avoids contact even with the profane vessel. Priests, however, are permitted to sleep in the profane part of the mund, the houses, on certain nights of the work, depending on the grade of dairy at which they officiate, and on these nights they may have intercourse with the women in the houses and no restriction is put upon their contact with the women.[1] A menstruating woman, however, must not stay in the house when a priest comes to sleep there. She is further debarred from touching any buffaloes, calves, or buffalo-pens, even those which she may touch at ordinary times, as e.g. non-sacred buffaloes which are being milked for the use of the houses. The restrictions which ward off women from the dairy-complex are at ordinary times stringent enough; these extra ones are designed to remove the last traces of contact during a woman's menstruation period.

The funeral huts used for men at all male funeral places are called by the word which denotes a dairy (poɨy). Some of the sibs in fact place the corpse of a man in a dairy which is used as such and in one or two other cases there are traditions that the funeral huts were originally dairies of certain grades.[2] A menstruating woman may not enter any funeral hut of a male to lament over the body. This is a slight further indication that all the funeral huts of males are regarded as dairies, as they are terminologically. The ne:lpoɨy, or hut which is built for the accommodation of the relics of a man between the first and second funerals, also has as part of its name the word for dairy. It is not however regarded as a dairy, nor is there any indication that it was a dairy at any stage of its development. But no menstruating woman may enter it. It is probable that this restriction has been made following upon the restriction on a menstruating woman's entering the funeral hut proper.

One mund, kuɨ:ɨy of the sib called mô:r was according to tradition formerly a dairy-mund of the highest grade, a ti:-mund. A certain amount of its original sanctity still attaches to it, and in theory women do not live there any more than they do at ti:-munds. The inconvenience of this regulation is however overcome in practice by a fiction. Women live at the mund kuɨ:ɨy but the marks of women's occupation are not allowed in the mund, i.e., the grain-pounder, the winnowing-basket, and the broom must be kept outside the mund and never brought to the houses. All household duties involving these articles must be performed outside of the munds. Likewise, no menstruating woman may stay in the mund; she must go outside and stay away for three days. At ordinary times she may be in the mund by a fiction, but when she is really and unequivocally a woman, the fiction will not avail to preserve the sanction of this mund.

1. See Rivers, *The Todas*, pp. 62 (towards the bottom), 67 (bottom), 72 (towards the bottom), 78 (middle).
2. Rivers, pp. 339-40.

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841 Finally we come to the question of the woman's personal hygiene during menses. As is very usual, a bath is prescribed after menstruation is over, to remove the last traces of uncleanliness. But, very unusual among primitive communities, the Toda woman during her period wears a sanitary napkin designed to absorb the flow of blood. Formerly it was made of moss wrapped into a pad with a piece of cloth and attached before and behind to the usual silver or brass chain girdle or, failing this, to a waist-string. At present rags [178] are more common in the munds than formerly and the pad may be made wholly of rags. The pad is changed when necessary, and all discarded ones [171] are burnt. Such pads are also used by Kota and by Badaga women, but their use has not been reported, so far as I know, for the women of any other Indian community.

841 The contrast between the menstrual regulations of the Todas and those 799 of other Indian communities is neatly pointed by the habits of the small 563 Toda Christian community. The converted Toda women have not been 177 sufficient in number to provide wives for all the Toda men converts and the deficiency has been made up by converted Tamilian women. The two sets of women continue their pre-Christian customs during menstruation. The Toda women wear the sanitary napkin and continue to cook and to live in all parts of the house. The Tamilian women, on the other hand, wear no napkins, refuse to cook and will not even enter the room where the cooking-hearth is built.

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ears pierced ceremonially, this again being reserved exclusively for men, for whom the utilitarian motive of the ritual seems to be completely non-existent. Toda boys put on the *kuvn* (perineal band) when they are five years old. The girls are given their wraps at the age of three. Children are separated from each other in accordance with their sex when, at eight, they start their respective social occupations.

It will be apparent from the above that members of the male sex receive preferential treatment among the Todas. This is something which strikes the observer at once, the advantageous social role of the men being very much in contrast to the subordinate one of the women. Nevertheless, it cannot be said that representatives of the female sex are, on the whole, badly treated. On the contrary, they have a free and easy look about them, and are, as a rule, well-cared for by their men folk. It is merely evident that they suffer from some very distinct social disabilities.

Thus Toda women are expected to deal with such household duties as pounding the grain in the house, sifting it, sweeping out the hut, making the *ertülkh* or sleeping platform and seat inside the *arsh* with cow-dung and mud, mending clothes and sometimes embroidering. They are also in charge of cooking, although Rivers thought, erroneously, that they could not deal with this domestic duty. They may also milk the ordinary buffaloes or *putir*, something which Rivers also mistakenly denies. There are, on the other hand, a number of feminine 'musts'. A Toda woman is obliged to greet all male relatives by putting her head under the man's feet in what is known as the *kalmelpudithil* salutation. When she goes back and forth from the *mad*, she is compelled to follow a special path, the *majvatiithkalvol*, and may not use the ordinary one taken by men and outsiders. A stone, the *majvatvaiirn*, marks the point nearest to the dairy-temple at which she must stop. It is here that butter-milk (*mai*) is distributed to the womenfolk every evening at sunset by the dairy priests. They must not handle it, furthermore, when they are menstruating.

Woman may only exceptionally enter temples at funerals when the body of a man rests in the ante-chamber. They are excluded from most religious ceremonies and at the yearly procession through the village of Kiur, they must vacate the *mad* completely before its arrival. Women are not allowed to attend the sacred buffaloes (*poxtir*), or even to approach their pens. They may not drink their milk and are only allowed the buttermilk and the butter after it has been processed by the dairyman-priest. They cannot cross the dairy's stream (*pali nipa*),

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[Melgarsh Village]

as they had given up of their own accord when the taste of Erzigwuf's milk changed, due to her advanced pregnancy. 862

Somewhat incredulous of Erzigwuf's assertions as they were made to me, I questioned the local medical practitioner of Ootacamund, Colonel D'Souza, Indian Medical Service (rtd.) about their veracity. He assured me that it was quite possible. He said, even, that it did not tire the mother, as after some time "it becomes mechanical". Colonel D'Souza also assured me that the contention often heard that prolonged suckling prevents conception was a fallacy completely disproved by facts, "at least in Asia". Erzigwuf also told me that Sodup and Sodam were born after she had not had any menses for eight years; two days after, however, she contradicted herself and said this was not correct (she said she had made "a mistake"). But another time she assured me that Toda women cease having any sort of periods for four months after they have given birth; that is why, she said, they cannot have children earlier – she herself had been like this. Although I do not much believe in this assertion, which is contrary to every ordinary observation anywhere, I give it here for what it is worth. 853 841 842

Small children suck their thumbs very early, Erzigwuf asserted. As a proof, she showed me one of the new-born twins, fast asleep in her lap with its thumb in its mouth. For napkins, she used bits of cloth which she regularly changed and washed. She said that she taught her children to be clean after six months. Before that, she would take them out at regular intervals and hold them in her hands, both boy and girl. Then, after, she would teach them gradually to go out by themselves, punishing them by beating them on the buttocks with a stinging nettle (called *tworkh* in Toda) when they misbehaved in the house, and rewarding them with sweets when they were good and did as they were told. They learned very quickly, in approximately one month. 854 863 [861] [824]

Regarding genital development, Erzigwuf was very outspoken, and I had no difficulty in getting information from her, even in the presence of Narjilkh and Pengelam, who would listen with interest to the conversation through Kanvarsathi-Sunderdoss, my interpreter. She said that masturbation started very early – at about nine months. They play with their genitals, both boys and girls, but the former more so, all the time; when walking, suckling and lying down, as she put it. When they get older, this play is intensified, and after they have reached the age of one year, she intervenes to stop it. She did so, she said, and not Mutnarsh who "lets the children do anything they want". Asked why she did not allow them to carry on freely, she said, because if she did not forbid 864